

10/05/2020

Dear Parent/Guardian,

The Health Staff will be conducting State mandated Health Screenings by student appointment. **If you choose to opt out of the screening, the state requires that you submit a doctor's evaluation to the clinic.**

VISION AND HEARING SCREENING REQUIREMENTS

The Vision and Hearing screening checks for vision or hearing deficits in the following grades:

- 4 year old students in Pre-K, Kindergartners, 1st, 3rd, 5th, and 7th graders.

SPINAL SCREENING REQUIREMENTS

The Scoliosis or Spinal screening is a visual check for spinal growth issues in the following grades/at the following ages:

- Girls at age 10 or 5th grade AND at age 12 or 7th grade
- Boys at ages 13 or 14 or 8th grade

ACANTHOSIS NIGIRICANS

Acanthosis Nigricans is a visual inspection for a skin condition that signals high blood sugar levels in the body. The purpose of screening for Acanthosis Nigricans is to help identify students who run the risk of developing diabetes in the future. This screening is done in the following grades:

- 1st, 3rd, 5th, and 7th graders.

SCREENING APPOINTMENT SCHEDULE

Your child's appointment will be scheduled for: **30 minutes for all 4 screenings, 20 minutes for only spinal, 30 for Hearing, Vision, and Acanthosis].** Please call the office to schedule your appointment or if you have any questions.

Their screenings will include: [HEARING/VISION/ACANTHOSIS/SPINAL]

- Please ensure your child wears any glasses or contact lenses, a mask, and lightweight t-shirt if doing a spinal screening.
- Please arrive 5 minutes early to sign in, check temperatures, and sanitize your hands.
- Please be prepared to pick your child up immediately after their scheduled appointment end time.
- If your child is scheduled for on campus classes, they will be pulled from their class for their scheduled screening and returned to class promptly afterwards.

If you need to reschedule due to positive COVID symptoms or other issues, please call the number below to reschedule. If you would prefer to have your child's medical provider perform the screening, the clinic must receive the results before the date of the scheduled exam.

Thank you.

L.Boado, Health Aid

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